IBFAN comments and amendments on the revision of the Regulation on food intended for infants and young children and on food for special medical purposes

(Proposed amendments in **bold italic** text. Proposed deletions in **bold crossed out**.)

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<td>THE EUROPEAN PARLIAMENT AND THE COUNCIL OF THE EUROPEAN UNION, Having regard to the Treaty on the Functioning of the European Union, and in particular Article 114 thereof, Having regard to the proposal from the European Commission, After transmission of the draft legislative act to the national Parliaments, Having regard to the opinion of the European Economic and Social Committee, Acting in accordance with the ordinary legislative procedure,</td>
<td>Add:</td>
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Having regard to the principles and the aims of the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly Resolutions

Having regard for the COUNCIL RESOLUTION of 18 June 1992 on the marketing of breast-milk substitutes in third countries by Community-based manufacturers (92/C 172/01) which encourages: "compliance with the International Code of Marketing of Breast-milk Substitutes when these products are placed on sale in export markets, in so far as this does not conflict with the provisions in force in the countries concerned" and offers EU "effective support to competent authorities to apply the International Code in their territory."

Having regard for the horizontal duty set out in the Lisbon Treaty that: “A high level of human health protection shall be ensured in the definition and implementation of all Community policies and activities.”

**Justification:** All EU Member States have consistently endorsed the International Code and Resolutions at the World Health Assembly.

Recital 1 Whereas: (1) Article 114 of the Treaty on the Functioning of the European Union (TFEU) provides that measures having as their object the establishment and functioning of the internal market and which concern inter alia health, safety and consumer protection

IBFAN comments on the Revision of PARNUTS : January 2012
must take as a base a high level of protection taking account in particular of any new development based on scientific facts.

consumer protection must take as a base a high level of protection taking account in particular of any new development based on scientific facts. The precautionary principal. In order to reduce existing risks associated with artificial feeding no ingredient or process must be used unless it has been demonstrated as safe and beneficial through an independent systematic review of all available scientific data, which must include a substantial proportion of independently funded research.

Justification:
The potential for bias is present in all research, and while 'independence' from commercial interest does not ensure quality, misleading findings and unintended consequences are reduced if research is commissioned and funded by a disinterested party rather than one active in the market and where academic rigour can be demonstrated in the research process. Problems are compounded by publication bias where trials with negative outcomes are less likely to be published. Public health policy, especially in the area of infant and young child feeding, should be predominantly informed by independent, publicly financed studies that are in the public domain and subjected to a rigorous peer review process. Research carried out on babies - and babies under 12 weeks in particular - is fraught with ethical problems. Infants are an especially vulnerable group that do not consent on their own behalf so need special protection. Commercial involvement in such research also opens the door for coercion and inappropriate presentation of the risks involved.

Recital 14
### Recital 20

(20) It is appropriate to establish and update a Union list of vitamins, minerals, amino acids and other substances that may be added to infant formula, follow-on formula, processed cereal-based food and baby food, and food for special medical purposes, subject to certain criteria laid down in this Regulation. Given the fact that the adoption of the list implies the establishment of the European Food Safety Authority and laying down procedures in matters of food safety establishes common principles and definitions for Union food law in order to ensure a high level of health protection and the effective functioning of the internal market. 

**Comment/suggested amendment:**

This Regulation establishes the Precautionary Principle as the appropriate risk management measure for the products covered and requires that the rules governing EFSA’s scientific evaluation of claims and ingredients relating to foods for infants and young children are strengthened to ensure that:

- **Decisions are taken on the basis of the totality of research in the public domain.**
- **Health, nutrition or other promotional claims should not be permitted for foods for infants and young children.**

**Justification:** Health and nutrition claims are highly promotional and misleading in relation to this group of products. In any case claims should never be approved on the basis of cherry-picked, industry-funded, and 'proprietary' dossiers. The risks are exacerbated when products are exported to countries where adequate risk assessments have not been carried out and where legislation to ban claims is not in effect. If the EU is to take its responsibilities to protect global health, its only logical and safe course of action is to ban all claims for this group of products.

Recital 20 (See comments on Recital 1)

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<td>application of criteria set out in this Regulation, implementing powers should be conferred on the Commission in that respect. Those powers should be exercised in accordance with Regulation (EU) No 182/2011 of the European Parliament and of the Council of 16 February 2011 laying down the rules and general principles concerning mechanisms for control by Member States of the Commission's exercise of implementing powers. The Commission should adopt immediately applicable implementing acts updating the Union list, where, in duly justified cases relating to public health, imperative grounds of urgency so require.……..</td>
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<td>established to be unequivocally safe and beneficial it should be made listed as an required ingredient. Declarations of interests must be made for all research and the dossier must include a substantial proportion of independently-funded studies. Any decisions made by the Commission should be subject to the expert assessment of the EFSA and under appropriate democratic scrutiny.</td>
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<td>Recital 21 Suggested addition: Nanomaterials should not be included. The precautionary principle should be used.</td>
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<td>Recital 22 In the interests of efficiency and legislative simplification, there should be a medium-term examination of the question whether to extend the scope of the Union list to other categories of food governed by other specific Union legislation. This extension may not take place without an evaluation by the Authority and the intervention of the European Parliament and the Council as co-legislator. Any such decision should be taken subject to the expert assessment of the EFSA and under appropriate democratic scrutiny.</td>
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<td>Recital 24 Add the following text: • All products should be labelled and presented in such a way as to avoid any risk of confusion between infant formulae, pre-term, specialised formulas and formulas for older babies.</td>
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Recital 21

Text relating to Nano Materials

Recital 22

In the interests of efficiency and legislative simplification, there should be a medium-term examination of the question whether to extend the scope of the Union list to other categories of food governed by other specific Union legislation.

Recital 24

Council Directive 92/52/EEC states that infant formulae and follow-on formulae exported or re-exported from the European Union have to comply with Union law unless otherwise required by the importing country. This principle has already been established to be unequivocally safe and beneficial it should be made listed as an required ingredient. Declarations of interests must be made for all research and the dossier must include a substantial proportion of independently-funded studies. Any decisions made by the Commission should be subject to the expert assessment of the EFSA and under appropriate democratic scrutiny.

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Recital 24 Add the following text: • All products should be labelled and presented in such a way as to avoid any risk of confusion between infant formulae, pre-term, specialised formulas and formulas for older babies.

• **Foods for infants and young children must not share the same brand names as formula milks.**
• **the age of introduction of complementary foods stated on the label must be 6 months.**
• **The provisions of COUNCIL RESOLUTION of 18 June 1992 on the marketing of breast-milk substitutes in third countries by Community-based manufacturers (92/C 172/01) should be incorporated, requiring: "compliance with the International Code of Marketing of Breast-milk Substitutes when these products are placed on sale in export markets, in so far as this does not conflict with the provisions in force in the countries concerned" and offering "effective support to competent authorities to apply the International Code in their territory."**

**Justification:**
Since the EU is a major exporting region and it is impossible to carry out adequate risk assessments in importing countries, it is important to retain certain elements of the Export Directive (92/52/EEC) until such time as all EU legislation fully complies with the International Code of Marketing of Breastmilk Substitutes and subsequent relevant WHA resolutions.
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<td>(d) 'infant formula' means food used by infants during the first months of life and satisfying by itself the nutritional requirements of such infants until the introduction of appropriate complementary feeding;</td>
<td>between one and three years; (d) 'infant formula' means food used by infants during the first months of life and satisfying by itself the nutritional requirements of such non-breastfed infants for the first 6 months of life, and the principle liquid element of the diet thereafter until 2 years of age, until the introduction of appropriate complementary feeding;</td>
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<td>(e) 'follow-on formula' means food used by infants when appropriate complementary feeding is introduced and constituting the principal liquid element in a progressively diversified diet of such infants;</td>
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<td>(f) 'processed cereal-based food' means food (i) intended to fulfil the particular requirements of infants in good health while they are being weaned, and of young children in good health as a supplement to their diet and/or for their progressive adaptation to ordinary food and………</td>
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**Article 2.3.** The Commission shall be empowered to adopt delegated acts in accordance with Article 15 to adapt the definitions of 'infant formula', 'follow-on formula', 'processed cereal-based food' and 'baby food' and 'food for special medical purposes' taking into account technical and scientific progress and relevant developments at international level, as appropriate.

**Justification**
Parliament and the Council must have democratic scrutiny over all aspects of the Regulation, including the definitions laid down in Article 2, which are fundamental.

**SECTION 2 GENERAL REQUIREMENTS**

**Article 6**

**New Article 6a**
Precautionary principle
Where, following an assessment of available scientific information, there are reasonable grounds for concern for the possibility of adverse effects but scientific uncertainty persists,
## Article 9
### General composition and information requirements

1. The composition of food referred to in Article 1(1) shall be such that it is appropriate to satisfy the nutritional needs of, and it is suitable for the persons to whom it is intended, in accordance with generally accepted scientific data.

2. Food referred to in Article 1(1) shall not contain any substance in such quantity as to endanger the health of the persons to whom they are intended.

3. The labelling, presentation and advertising of food referred to in Article 1(1) shall provide adequate consumer information and must not be misleading.

### Provisional risk management measures

Provisional risk management measures may be chosen, necessary to ensure the high level of protection of the vulnerable categories of population specified in this regulation.

### Justification

When it uses delegated acts to amend existing legislation, the Commission must respect the letter of the text in force and always seek to improve consumer protection. The precautionary principle laid down in Article 6a (new) is one of the fundamental principles which must guide food safety policy.

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### Article 9
### General composition and information requirements

1. The composition of food referred to in Article 1(1) shall be such that it is appropriate to satisfy the nutritional needs of, and it is suitable for the persons to whom it is intended, in accordance with generally accepted scientific data. And has been demonstrated as safe and beneficial through an independent systematic review of all available scientific data, which must include a substantial proportion of independently funded research.

2. Food referred to in Article 1(1) shall not contain any substance in such quantity as to endanger the health of the persons to whom they are intended.

3. The labelling, presentation and advertising information relating to all foods referred to in Article 1(1) shall be in conformity with the International Code of Marketing of Breast-milk Substitutes. It shall provide full and frank consumer information that is not misleading, relating to ingredients, risks of inappropriate use and shall not mislead.

   In the case of powdered formulas, an explicit warning on the front of the package that the product is not sterile.
### Article 9.4.
The dissemination of any useful information or recommendations with reference to the categories of food referred to in Article 1 (1) may be made exclusively by persons having qualifications in medicine, nutrition, pharmacy or other professionals responsible for maternal and child health care.

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<td>and may contain harmful bacteria that can cause serious illness and that correct preparation and handling reduces the risk of illness and instructions regarding the decontamination steps that need to be taken in order to minimize the risk of harm related to the lack of sterility</td>
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<td>- shall not carry any health, nutrition or disease risk reduction claim</td>
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<td>- shall not suggest through claim, symbol, image or text that idealises the product, suggests its use at an inappropriate age, or that the product possesses special or unique characteristics</td>
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<td>- shall not imply that the product is equivalent or superior to breastfeeding or family foods.</td>
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**Justification:**

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<td>The dissemination of scientific and factual any-useful information regarding the categories of food referred to in Article 1 (1) may be made exclusively by independent persons having qualifications in medicine, nutrition, pharmacy or other professionals responsible for maternal and child health care. In the case of formulas, such information should not imply or create a belief that bottle-feeding is equivalent or superior to breastfeeding.</td>
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**Justification**
- The International Code requires manufacturers to ensure that relevant scientific and factual information is provided to health professionals:

  The Code 4.1 says: Governments should have the responsibility to ensure that objective and consistent information is provided on infant and young child feeding.
SECTION 3 SPECIFIC REQUIREMENTS

Article 10
Specific composition and information requirements

1. Food referred to in Article 1(1) must comply with the requirements of Article 7 and composition and information requirements provided in Article 9.

2. Subject to the general requirements of Articles 7 and 9 and taking into account Directive 2006/141/EC, Directive 2006/125/EC and Directive 1999/21/EC as well as any technical and scientific progress, the Commission shall be empowered to adopt delegated Regulations, no later than [2 years after the date of the for use by families and those involved in the field of infant and young child nutrition. This responsibility should cover either the planning, provision, design and dissemination of information, or their control.

7.2 Information provided by manufacturers and distributors to health professionals regarding products within the scope of this Code should be restricted to scientific and factual matters, and such information should not imply or create a belief that bottle feeding is equivalent or superior to breastfeeding. It should also include the information specified in Article 4.2.

7.3 No financial or material inducements to promote products within the scope of this Code should be offered by manufacturers or distributors to health workers or members of their families, nor should these be accepted by health workers or their families.

While WHA Resolution WHA58.32 2005 Urges Member States: "to ensure that financial support and other incentives for programmes and health professionals working in infant and young child health do not create conflicts of interest".

SECTION 3 SPECIFIC REQUIREMENTS

Article 10
ADD:
When it uses delegated acts to amend existing legislation, the Commission must respect the letter of the text in force and always seek to improve consumer protection. The precautionary principle laid down in Article 6a (new) is one of the fundamental principles which must guide food safety policy. Changes of this nature may not take place without expert assessment of the EFSA and under appropriate
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<td>entry into force of this Regulation], in accordance with Article 15, with respect to the following: (a) the specific compositional requirements of food referred to in Article 1(1); (b) the specific requirements on the use of pesticides in agricultural products intended for the production of such food and on pesticides residues in such food; (c) the specific requirements on labelling, presentation and advertising of food referred to in Article 1(1), including the authorisation of nutrition and health claims thereof; (d) the notification procedure for the placing on the market of a food referred to in Article 1(1) in order to facilitate the efficient official monitoring of such food on the basis of which food operators shall notify the competent authority of the Member State(s) where the product is being marketed; (e) the requirements on promotional and commercial practices relating to infant formulae; and, (f) the requirements on information to be provided on infant and young child feeding in order to ensure adequate information on appropriate feeding practices. 3. Subject to the requirements of Articles 7 and 9 and taking into account relevant technical and scientific progress, the Commission shall update the delegated Regulations mentioned in paragraph 2 in accordance with Article 15.</td>
<td><strong>democratic scrutiny ie the intervention of the European Parliament and the Council as co-legislator.</strong> The rules governing SCOFAH meetings must be revised to ensure transparency and accountability.</td>
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Note on milks for older babies

There is no proven medical or nutritional need for formulas to be marketed especially for older babies. After the age of 1 year, the milk recommended as part of a diet to ensure children grow and develop well is full fat cows milk, and there is no need for modified cows milk at this stage as the nutritional emphasis should be on food.

The Infant Formula Directive already permits a wide compositional range of nutrients that meet the requirement for formulas for older infants and young children and standard infant formulas is suitable throughout the first and second year. Heavily fortified modified milks for children over the age of 1 year are generally not required, and there is no evidence that adding additional nutrients as supplements to diets is advantageous for children, and some evidence emerging that high intakes of iron in particular are potentially harmful.

The Federal Institute for Risk Assessment (BfR). 16.08.2011 formulas for babies over 1 year. "According to the Federal Institute for Risk Assessment (BfR), toddler milk does not, however, offer any advantage compared to reduced fat cow milk, as recommended by nutritional scientists for infants. "From a nutritional and physiological point of view these special toddler milks are not necessary", says BfR President Professor Dr. Andreas Hensel. Enriched vitamins and minerals in those products rather result in an uncontrolled increase in the supply of some nutrients whereas other vitamins and minerals are included in lower amounts than in cow milk. Furthermore, it is currently not sufficiently proven in scientific terms that a reduced protein supply in early childhood reduces the risk of obesity and adiposity during the later childhood. The fat content of toddler milk is more or less comparable to the content of whole milk and hence higher than the content in reduced fat milk." www.bfr.bund.de/en/press_information/2011/29/toddler_milk_drinks_are_not_better_than_cow_milk-126749.html

The German Consumer Association survey in 2011 found that the milks on the market (called Kindermilch) were up to four times more expensive than normal milk, costing parents up to 245 euros more each year and commonly had twice as much sugar as normal milk. http://www.vzhh.de/ernaehrung/129727/kostenfalle-kindermilch.asp

Iron-Fortified vs Low-Iron Infant Formula Developmental Outcome at 10 Years Betsy Lozoff, MD; Marcela Castillo, PhD; Katy M. Clark, MA; Julia B. Smith, EdD Arch Pediatr Adolesc Med. Published online November 7, 2011. This study from Chile indicates that infants with high iron levels at 6 months, who were fed iron-fortified formulas had IQ levels 10 points lower at the age of 10 years than infants who had low-iron levels.

PRETERM FORMULAS : WHO recommends that low-birth-weight (LBW) infants, including those with very low birth weight (VLBW), should be fed mother's own milk. If these infants cannot be fed mother's own milk, they should be fed donor human milk (in settings where safe and affordable milk banking facilities are available or can be set up) or standard infant formula. Very-low-birth-weight infants who cannot be fed mother's own milk or donor human milk should be given preterm infant formula if they fail to gain weight despite adequate feeding with standard infant formula. http://www.who.int/elena/title/supplementary_feeding/en/index.html# So in terms of legislation, pre-term babies is in any case covered by default in the 3 categories, but there would be no harm having a special category for formulas for very tiny babies.

"Formulas for special nutrition' There is no need for a special category for "formulas for special nutrition" – which would could confusion circumvention of advertising and labeling restrictions. Formulas such as Cow&Gate Comfort –marketed for the “dietary management of colic and constipation’ don’t even carry the warning or statement affirming the superiority of breastfeeding. http://www.cowandgate.co.uk/our_products/baby_milks/comfort_milk

WHA 2010 Resolution 63.23 calls on Member States (4) to end inappropriate promotion of food for infants and young children and to ensure that nutrition and health claims shall not be permitted for foods for infants and young children, except where specifically provided for, in relevant Codex Alimentarius standards or national legislation;

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